



2021 -2022 Maple Panda Table Tennis Workshop

Online Workshop

Date: 2021-05- 01/ 2021-08-01

Workshop Location: Zoom/ YouTube

Date & Time: Every Sunday 8Pm – 9Pm (Toronto Time)

Total Quantity:12 Workshops / 12 Hours

Number of Participants: up to 500

Activity description:

workshops Facilitators:

Professional workshops Facilitators will use Zoom online to educate everyone about table tennis and physical training. And arrange 30 minutes each day of physical training homework for all participants.

Participants:

Participants first need to go to www.pandacup.ca to register for the program:

Maple Panda will send the zoom address and password to the participant registration email one day before the workshop start.

Participants can conduct online learning and online communication with workshops Facilitators in class, ask questions, Complete the home work etc.

participants needs to complete total scale of physical training home work weekly - 30 minutes * 7days = 210 minutes

Offline Workshop

Date: 2021-08- 01/ 2022-05-01

Workshop Location: Table Tennis Club in Ontario (TBD)and Zoom / YouTube

Date & Time: Every Saturday 8pm – 9pm (Toronto Time)

Total Quantity:24 Workshops / 24 Hours

Number of Participants each workshop : 6 Participants at venue and up to 500 Participants at zoom /YouTube

workshops Facilitators:

Professional Facilitators work in offline venues to have the workshop.

Each workshop requires 3 table tennis tables and allows up to 6 athletes to participate.

The remaining participants who failed to participate in the venue can learn and interact with the instructor online (Zoom)

Participants:

Participants first need to go to www.pandacup.ca to register for the program

Maple Panda will send the Venue and zoom address and password to the participant registration email one day before the workshop start.

Participants can conduct online learning and online communication with workshops Facilitators in class, ask questions, Complete the home work etc.

participants needs to complete total scale of physical training home work weekly - 30 minutes * 7days = 210 minutes

training 30minutes *7 = 210 minutes a week